# STAR'CEPTORS -THE MINDSET FOR STAR 8+

This newsletter is mainly for the Bi-tron downline of Leon Froess & Alex Fraser, consisting of tips, info, comments for the empowerment of all readers, within or outside of our Bitron Downline should their mindset allow that step.

#### So what Do You Desire!

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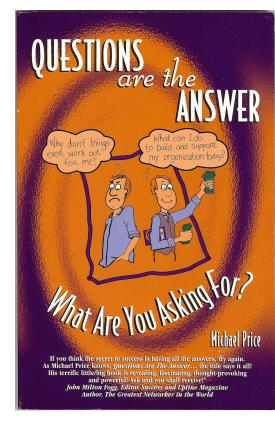
### Think About This

#### Never Give Up

"Ever feel like giving up? Try remembering the American airman in a Vietnam prison cell who was on the verge of suicide, when he noticed an ant carrying a massive crumb of bread climbing the wall opposite him, intent upon getting out a window. Time and again the ant would fall back to the floor, recover the crumb and set out once more on his impossible mission. Momentarily distracted, the distraught prisoner began counting the tiny insect's attempts. Ten, twenty, thirty, forty... and on and on. Suddenly, he found himself silently cheering on this tiny creature. **On the 69th attempt,** the persevering ant, with his prize in tow, cleared the window ledge and escaped.

Inspired by the fortitude of this tiniest of creatures, the prisoner dispelled his thoughts of suicide and persevered. The moral of the story is simple... Never give up. Never, ever give up." [from a ytb e mail]

Rejection; a way to grant numerous wishes.



## **Qualities of Life Statement**

STEP #1 For thirty days first thing in the morning, last thing at night, by yourself, in front of a mirror, stand up straight, square your shoulders, look yourself in the eye, and quietly, firmly say in the first person present tense.

"I, \_\_\_\_\_\_ am a person of integrity with a good attitude and specific goals. I have a high energy level, am enthusiastic, and take pride in my appearance and what I do. I have a sense of humor, lots of faith, wisdom, and the vision, empathy, and courage to use my talents effectively. I have character and am knowledgeable. My convictions are strong and I have a healthy self-image, a passion for what is right, and a solid hope for the future.

"I am an honest, sincere, hard-working person. I am tough but fair and sensitive. I'm disciplined. motivated, and focused. I am a good listener and patient, but take decisive action. I am bold, authoritative, and confident, yet humble. I am an encourager, a good-finder, an excellent communicator, and am developing winning habits. I am a student, a teacher, and a self-starter. I am obedient, loyal, responsible, dependable, and prompt. I have a servant's heart, am ambitious, and am a team-player, I am personable, optimistic, and organized. I am consistent, considerate, and resourceful. I am intelligent, competent, persistent, and creative. I am health-conscious, "balanced," and sober. I am flexible, punctual, and thrifty.

"I am an honorable person who is truly grateful for the opportunity life has given me. These are the qualities of the winner I was born to be, and I am fully committed to develop these marvelous qualities with which I have been entrusted. Tonight I'm going to sleep wonderfully well. I will dream powerful, positive dreams. I will awaken energized and refreshed, and tomorrow's going to be magnificent!"

Repeat the process the **next morning** and close by saying, "These are the qualities of the winner I was born to be. Today is the first day of the rest of my life, and it is wonderful."

#### **After 30 days** add the next step:

Choose your strongest quality and the one you feel needs the most work. Example: Strongest-honest. Needs most work-organized. On a separate 3" x 5" card, print: "I, \_\_\_\_\_\_, am a completely honest person, and every day I am getting better and better organized."

Do this first thing in the morning and last thing at night for one week, then repeat the process with the second-strongest quality and the second one that needs the most work. Do this until you've completed the entire list. This process will change your life for the better.

NOTE: Keep this handy and use it regularly for the rest of your life! from the book **Over The Top** by Zig Ziglar c 1994 The Zig Ziglar Corporation

# What & How would your imagination do with in spending

\$66,000,000.00?

Here is a challenge for you. To expand your imagination, thus to develope a mindset of potential possibilities coming into your life.

You will need a note book or you can use a com-

puter accounting program.

Headings, date, item names, deposit, expense, balance

You start of by depositing \$1000.00 today and spending it today on what ever you choosenew cars, home, pay of mortgage or other debt, give away to charity, college fund, vacations, scholarships, dream vacation, etc.

Tomorrow you deposit \$2,000.00 spending it that day on what ever choose

Day 10 you deposit \$10,000.00 spending it that day on what ever choose

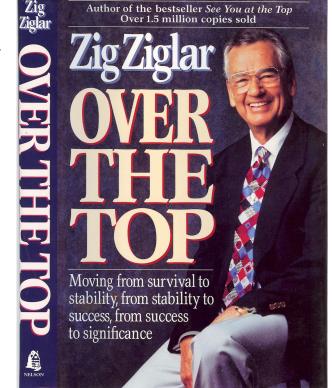
Day 100 you deposit \$100,000.00 spending it that day on what ever choose

Day 300 you deposit \$300,000.00 spending it that day on what ever choose

Day 425 you deposit \$425,000.00 spending it that day on what ever choose

At the end of 500 days, What do you conceive as the result not only in the spending of this money, but more importantly in your mindset what your thoughts are bringing into your life & that of your family.

I have now been doing this for over 20 days, started May 27/09 and it is becoming an interesting challenge and definitely has my mind working to come up with ways to spend the amount deposited in a particular day repeating the process on a daily basis as the deposit increases.



## **What or Where?**

Men and Women are limited not by the place of their birth, not by the color of their skin, but by the size of their hope

John Johnson, from top of Chapter 1 , p.1, Over the Top by Zig Ziglar, 1994, ISBN 0-8407-9112-7

Consumer Information Bulletin 2004-02-102

# **Changing Your Oil**

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Changing Your Oil Consumer Information Bulletin 2004-02-102 February 2004

### Bi-Tron Engineering Bulletin

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Before you change the oil in your car, you need to be aware of a few things that the average driver isn't.

Non-synthetic motor oils are made to a performance specification and are not a formulated product. Motor oil is made from what is left over after all the other chemical products have been removed. (Please see Bi-Tron Distributor Document 2004-01-201) This document will give you additional information on this subject.

Each batch of base stock oil is different because it comes from different oil wells in different parts of the world. This difference means the "Oil Manufacturer's Additive Package" that will be added to the base stock oil will be different for each batch. California oil vs Saudi oil is much different and the "Oil Manufacturer's Additive Package" is also different.

So, what does this mean to me? Well most people think that when they buy a brand name oil, let's say a 10-30 type, that if they buy that bottle in Boston it will be the same as a bottle purchased in San Diego. With nonsynthetic motor oil being a performance specification and not a formula, the additive packages in each of these two bottles we are talking about may or may not be the same.

Oil is made in different plants and different parts of the country, and different parts of the world for that matter. This means that to meet the minimum specification set forth by the auto manufacturer you would have to make sure the "Brand Name Oils" all came from the same lot.

Look on the bottom of each bottle and you will find the lot number along with many other numbers that are used for pricing and transportation.

Say the bottle you buy in Boston has a 1234 lot number on it and the one you buy from San Diego has a lot number 5678. If you mix these two bottles of motor oil, with these two different lots numbers, from the same oil company with the same brand name and viscosity, it will not meet the minimum performance specification. Because the "Oil Manufacturer's Additive Packages" are different.

I ran the following test in a laboratory setting using state-of-the-art engine test equipment and I found that mixing lot numbers does affect the outcome of how the oil performs. I bought cases of oil and randomly picked bottles of

oil out of the cases and mixed them together and put them into a 3.8L GM test engine. We failed on two occasions to meet the baseline requirements of the auto manufacturer's performance specification because we mixed lot numbers. We, as auto engineers, were also unaware of this problem, and then when we mixed bottles with the same lot numbers we passed the minimum specification.

So if you change your own oil, you will now have to look at the bottom of each bottle and make sure you buy a case of oil with all the same lot numbers to assure you meet the minimum performance specification.

What happens when you take your car to a quick oil change place and they pump the oil out of their underground tanks? When the auto dealer or quick oil change place buys in bulk, let's say 10W-30 oil, it may be from different batches and blended before it even gets to the auto dealer or quick oil change establishment.

One thing for sure is that it's going to be mixed with other oils when they dump the new oil on top of the oil left in the bottom of the tank. This mixing of oils and lot numbers just took a major turn for the worse because now the oil that was pumped into your car may come from many different manufacturers and a variety of lot numbers.

To assure the minimum specification please use oil with the same lot numbers.

#### The Two Wolves

An old Native American grandfather and his grandson sat around a fire one night. The grandson was angry at a friend who he said had done him an injustice.

The Grandfather thought and thought and then said, "I too have felt hate at times. You must understand that hate can kill you, but does no harm to your enemy. It's like taking a poison yourself and wishing your enemy would die. I have struggled with these feelings. It is as if there are two wolves inside me. One lives in harmony with all around him, accepting what comes and deals with each situation individually. He fights when it is right to do so and in the right way. But...the other wolf... ahee! The littlest thing will send him into a fit of temper. He feels the world is against him, he fights everyone all of the time, and many times for no reason. Sometimes he cannot even think because his anger and hate are so great. It is helpless anger, for his anger will change nothing. It is hard to live with these two wolves inside me, for both of them try to dominate my spirit."

The boy looked intently into his Grandfather's eyes and asked, "Which one wins, Grandfather?"

The Grandfather smiled and said quietly, "The one I feed."

Contributed by Phyllis Cronbaugh, Raytown, Missouri. from the Good Day YTB! Newsletter



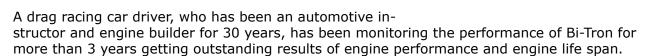
## **Not Your Average Home Business**

# Environment... ours to protect. **Bi-Tron in High Performance Racing?**

#### Greetings,

Did you know that Bi-Tron's environmental products are also used as the ultimate in protection for racing engines?

It's hard to believe Terrell, I know! How can something be good for the environment and racing engines at the same time? But it's true!



Dragster engines take a lot of abuse and are pushed to the limit with extreme torque-loads. They have to be rebuilt with most of engine parts replaced every 70 runs. Bi-Tron's proprietary formula coats the metal surfaces in the engine protecting them from wear in the most extreme conditions.



With Bi-Tron, as the picture below indicates, after 350 runs, the engine parts, including those that carry a lot of load, were found in excellent condition, totally clean of any build-up and with virtually no wear!

The piston on the left was taken out of a dragster engine after 70 runs without Bi-Tron. The piston skirt has a severe scuffing. The piston on the right was taken out of an engine after 350 runs with Bi-Tron. The piston has no signs of wear, is completely clean, and all the friction surfaces are polished.

Many already use the protection that Bi-Tron provides. They also feel great knowing their second greatest in-

vestment is protected from wear! It's your turn! Experience what many have already experienced! Also, check out this amazing video provided by a famous Racing Team after using Bi-Tron in their racing engines: http://www.bitronglobal.com/testmonial\_racing.html

Visit your site at: http"//freegas.bitronglobal.biz to find out more and to Bi-Tronize your vehicle. Speak with you soon.

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So What Do You Desire! **Leon Froess** bitron@accesscomm.ca

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