

Acceptance leads to understanding with Patience in Time. WW

How many of you actually realize that life is made of many Glitches, in its ever changing journey that your life is part of?

Do you believe in **forgiveness & Grace** to lighten your burden or that of the other person to improve the life of yourself & others!

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STAR'CEPTORS - Jan-Feb 2011

THE MINDSET FOR STAR 8 This newsletter is mainly for the

Natureline/Bi-tron downline of Leon Froess & Alex W Fraser, consisting of tips, info, comments for the empowerment of all readers, within or outside of our Natureline/Bitron Downline should their mindset allow that step.

In the journey of self development,

I have learned that one commonality is the letting go of of anything & everything that hinders your growth journey, be it hurts, blame, misconceptions or whatever. So that the person can create a openness or vaccuum to replace those conditions, aspects with the rewards gleaned from the growth that self development brings. Much of this letting go can be accomplished by allowing Grace & Forgiveness into ones life.

With 2011 just begin-

ning, I would like to start by offering the gift of God's Grace to one and all who will accept it. Likewise I ask for Forgiveness for anything I may or may not have done or been aware of in causing others hurts or perceived hurts or whatever. I likewise offer my forgiveness to one & all.

For myself, forgiveness is the first step in lightening the burden of past conditions, actions, allowing movement forward. There are many glitches, challenges in the journey of life, making flexibility a must for growth. Every step forward is a change of direction that can and sometimes does encounter unwelcomed, unwanted glitches. These glitches, challenges are what when you over come them in a positive manner allows you a new insight. That insight usually comes from an unexpected corner of this journey.

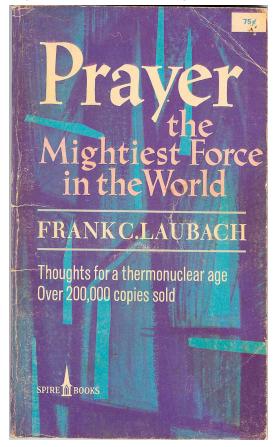
Nobody comes into your life by chance. There is a reason behind every encounter whether you ever learn about it or not. Your journey has a valid purpose, not always easy to figure out.

On the front page of this newsletter is the photo of a new book cover titled MAKING THE FIRST CIRCLE WORK by Randy Gage. This book is aimed at network marketers. The First Circle is YOU. Nevertheless, regardless, of what you do, YOU are the person who has to make You work. Making YOU work, gets

back to doing things the right way which in turn gets back to self development, letting go of past conditions, aspects that are hindering you from moving forward.

There are always plenty of distractions, glitches that pop up, but from experience, you become a much better person when you face and walk through them, facing them with courage above Fear.

These glitches, challenges can be accomplished, overcome by



Thoughts by Alex

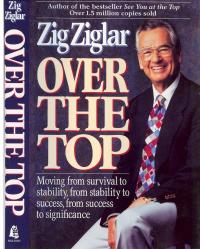
Your Thoughts Create your Reality, using your mindset as the vehicle to create that

The True Meaning of Residual Income

Understanding the Value of Your Business during a Down Economy

By Art Jonak

reality



SAMET ISLAND, THAILAND WEDNESDAY, 2:17 P.M.



Do you realize the value of your network marketing business goes up when interest rates go down? Even if you are only making a few hundred dollars a month in residual income, think of how much money you would need to have in the bank to earn the same amount in interest.

Are you disappointed because you only make, say, \$200 a month in residual income? Think again! In order to earn \$200 per month, you would need \$24,000 in the bank if the interest rates were at 10 percent.

When interest rates drop to 5 percent, you need \$48,000 to receive the same \$200 per month. Yes, what some would consider a measly \$200 network marketing check could be considered a \$48,000 asset! Sure makes you think twice about being disappointed with a \$200 monthly residual check.

Here's how to use this to your advantage. Ask your prospect this question:

"How much money do you need monthly to retire comfortably?"

Then show your prospect how much capital he would need, at today's interest rate, to earn his desired monthly income.

Here are two examples:

Imagine your prospect says he needs \$2,000 a month to retire. With the help of a calculator, you show him that to earn \$2,000 in interest a month, he would need to have \$400,000 in the bank-assuming an interest rate of 6 percent.

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Let's say another prospect needs \$5,000. She would need to have \$1,000,000 (one million) in the bank at a 6 percent interest rate.

One million is a big number for most prospects. Once they recover from their shock, seal the deal with this question:

"What's your plan to accumulate this money?"

To drive the point home, you could ask, "How much money would you need to save every month, over the next five years, to save \$1 million?" (The answer: \$16,000 per month, after all your expenses.)

Most networkers can take it from here. They can show their prospects exactly what they need to do in their network marketing business to earn \$5,000 a month in income over the next five years. In most cases, this would be a much more realistic plan than saving \$16,000 a month.

Creating a retirement income through a network marketing business is an attractive option for most people. Never mind the banks, let's invest in each other! •

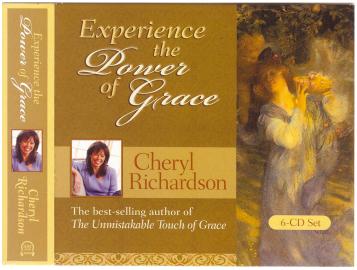
ART JONAK is a Networking University faculty member, a successful network marketing leader and widely respected trainer.

Get Art Jonak's free One-Minute Sponsoring Tips at www.networkingtimes.com/link/jonak Networking Times

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Note by AWF: Right Now in December 2010 with the Bank interest rates at between 1 & 2% this statement "When interest rates drop to 5 percent, you need \$48,000 to receive the same \$200 per month." becomes the equivalent of having over \$100,000.00 in the bank getting interest to maintain this same \$200. per month residual income. From my perspective that is a great accomplishment and not to be lost sight of.



Hear about what's truly possible in this business from **DeeAnn Lensen**.

DeeAnn is a European-trained, Advanced Esthetic Educator, Spa Consultant, long-term board member of Leading Spa of Canada and Life Guide. She strongly believes that wellness and empowerment are all necessary in addressing the "whole person." Her 13 years in the spa and wellness industry is enhanced by a strong retail background in the US as well as years of network marketing experience in Canada as one of the founding members of Arbonne Canada.

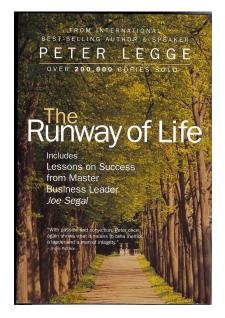
DeeAnn has co-hosted The Good Life radio show with Jesse Dylan and produced empowerment programs with Master Life Guide Mark Fourniér. Her "Empowerful Beauty from the Inside Out" seminars and radio show are never a disappointment. Soon she will be launching LifeSpa Television. Learn more at http://plaver.vimeo.com/video/17163807?byline=0&:portrait=0

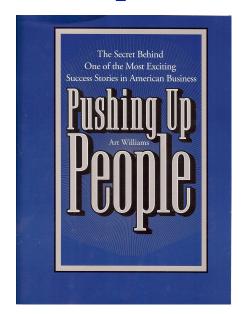


The amazing NatureFX story

Natureline has been privileged to participate in a remarkable story that all started some four decades ago with Lou Segal uncovering the remarkable properties of the East African Rooibos plant and its almost miraculous restorative antioxidant properties from the indigenous tribal moon rituals of a small and isolated tribe deep in East Africa. Together with his son Daryl, they combined the secret family extraction processes, formulas and blending techniques with the very latest technological advancements in delivery mechanisms and naturally derived technologies in order to continually improve and enhance their secret formulas to minimize the appearance of wrinkles and maximize the health and appearance of thinning damaged hair in men and women.

Today, the father and son team proudly partner up with Natureline Solutions to bring the wonders of their amazing discovery to as many people as possible around the world with the exclusive NatureFX formulas. Check it out at http://freeqas.naturelinesolutions.com/about_natureFX.html







Words of Wisdom for the New Year

The most destructive habit.......Worry
The greatest joy......Giving
The greatest loss......Loss of self-respect

The most satisfying work......Helping others
The ugliest personality trait.....Selfishness
The most endangered species.....Dedicated leaders

Our greatest natural resource.....Our youth The greatest "shot in the arm"......Encouragement The greatest problem to overcome......Fear

The most effective sleeping pill.....Peace of mind The most crippling failure disease.....Excuses The most powerful force in life.....Love

The most dangerous pariah......A gossiper
The world's most incredible computer......The brain
The worst thing to be without......Hope

The deadliest weapon.....The tongue
The two most power-filled words......"I Can"
The greatest asset.....Faith

The most worthless emotion.....Self-pity
The most beautiful attire.....SMILE!
The most prized possession.....Integrity

The most powerful channel of communication......Prayer The most contagious spirit......Enthusiasm



Fix Tea contents

Designed for easy absorption in the body, just one 2 gram serving of FIX Energy Tea provides you with the phytonutrients and antioxidants found in many of the world's most nutritious fruits. Antioxidants assist in neutralizing the harmful effects free radicals can have on your body.

With a blend of 17 fruits and plants, including matcha, red ginseng, gingo biloba and roobois, FIX is a unique and delicious natural beverage.



Acai Berry (*Euterpe oleracea*)
Acai berry grows in the Amazon river regions of South America.
Native peoples of that area used the acai berries as a source of nutrition but also as a source for healing sicknesses and in topical applications as well.



Alfalfa (Medicago sativa) A great source of vitamins A, D, E and K and also provides significant amounts of calcium, magnesium, phosphorous, and potassium.



Apple Pectin (Malus domestica heteropolysaccharide)
A dietary fiber, apple pectin is helpful in maintaining good digestive health. Researchers at the University of California, Davis, found that apple pectin also acts as an antioxidant against the damaging portion of cholesterol in the blood stream.

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Beet Extract (*Beta vulgaris*) Research has shown many health benefits for beets. However, one of the most significant is to improve blood circulation.



Black Currant (Ribes nigrum) High antioxidant and vitamin content. In particular, they're very rich in Vitamin C.



Red Korean Ginseng (*Panax ginseng*) Red ginseng contains ginsenosides and saponins as active ingredients.



Blueberry (Vaccinium cyanococcus) Rich in vitamins A, C, E and beta-carotene as well as rich in the minerals potassium, manganese and magnesium.



Eleuthero (Eleutherococcus senticosus) Eleuthero active ingredients that have been most studied are the eleutherosides. Seven primary eleutherosides have been identified, with most of the research attention focusing on eleutherosides B and E.



Goji Berry (Lycium chinense) Used for 6,000 years by herbalists in China, Tibet and India to to protect the liver, help eyesight, improve sexual function and fertility, strengthen the legs, boost immune function, improve circulation and promote longevity.



cos)
In study after study, cranberries are coming out at or near the top of the antioxidant heap.



Ginkgo Biloba (Ginkgo biloba) Also known as the Maidenhair Tree, it is a unique species of tree with no close living relatives.



Grape Seed Extract (Vitis vinifera) Source of bioflavonoids.



On the above 2 pages you will find a photo of some of the ingredients in the Fix Energy Tea make up For more info go to http://freegas.naturelinesolutions.com/FIX_energy.html

From our [Alex & Rhoda] use of the Fix Tea we have gotten more mental clarity, reduced appetite and picking, more nourishment as well as more a constant and consistent but subtle energy boost



The 2010 MLM Cruise on the Carnival Miracle Nov 27 to Dec 6/10. Rhoda & I were on this cruise to the caribbean stopping at St Lucia, St Kitts St Marteen and it was an eye opener, enjoyable and well worth the effort to be there. A number of very good

speakers including Big Al Schreiter, Art Jonak, Jordan Alder, Andrea Walsh & Richard Fenton of <u>Go For</u> <u>NO</u> to name a few. An over all good education.

Go on such a Cruise, get educated and have it tax deductable AWF

magine

That Your MindSet can Be expanded

Putting Your Potential with its possibilities into High Gear

So what Do You Desire! What Are You Asking For? To Your Success, Thank you for being you.

Take care and God Bless

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